



OKLAHOMA MEMORIAL STATE CHAMPIONSHIPS

Hosted by: Tulsa Masters Swim Club (tulsamsc.blogspot.com)
Sanctioned by OMS for USMS, Inc. Sanction No. 2711-187

WHEN: Saturday, August 13th. Warm up from 9:00 to 9:45 am. Meet starts at 10:00 am.

WHERE: The awesome new 50M, indoor, 8 lane *indoor* Jenks Aquatic Center on the Birch St (west) side of the Jenks High School complex. There will be two warm-up lanes available during the meet. Pool length has been certified.

DIRECTIONS:

From Highway 75: Exit at the Jenks Main Street/ 96th Street exit. Turn east onto Main Street (also 96th St) and proceed 2 miles to Elm Street. Turn left (north) onto Elm Street then a quick right (east) at the first light onto B Street. Continue on B street ~ 0.3 miles until Birch St. Turn left (north) onto Birch. You'll see the Jenks Trojan Aquatics Center on your right.

From the Creek Turnpike: Take the Riverside Parkway exit and head north. Proceed ~ 0.5 miles to Delaware/ 96th St. Turn left (west) onto Delaware/ 96th St and proceed 0.6 miles (over the bridge) to Riverfront Drive. Turn right (north) onto Riverfront Drive and make a quick left onto B Street. Proceed 0.6 miles to Birch St. Turn right (north) onto Birch. You'll see the Jenks Trojan Aquatics Center on your right.

ELIGIBILITY: The meet is open to all USMS registered Masters swimmers age 18 or over as of December 31, 2011. USMS registration forms available at the OMS website okswim.org and click on USMS icon and go to "Join/ Renew". Registration will also be available at the meet. **Make USMS registration checks payable to OMS.**

CONDUCT OF MEET: The meet will be conducted under 2011 USMS rules, including the no-false-start rule. Deck entries will be accepted until 9:30 am on the day of the meet. The meet will be deck seeded slow to fast by time only. Entrants without seed times will be placed in the slowest heat. All events will be timed finals.

TIMING: Electronic timing will be used with at least one watch/ lane as a backup system.

ENTRY LIMIT: Each swimmer may participate in a maximum of 5 events plus relays.

ENTRY FEE: Pre-entry fee is \$20 if postmarked by Saturday, August 6th, 2011.

Mail to the meet director: Leslie Sauber 724 S. Sandusky Tulsa OK 74112 918-808-4384

Deck entry fee is \$25. *Deck entries close at 9:30am the day of the meet.*

TO ENTER: To pre-register, mail your check, entry form and a copy of your USMS registration card to the meet director. Make entry checks payable to Tulsa Masters Swim Club. All deck entrants will be required to show their 2011 registration card before the start of the meet.

RESULTS: Results will be posted at okswim.org and tulsamsc.blogspot.com

SOCIAL IMMEDIATELY FOLLOWING THE MEET

All swimmers and volunteers are invited. Details and directions to the social available at the meet.

OKLAHOMA MEMORIAL STATE CHAMPIONSHIPS ENTRY FORM
 Sanctioned by OMS for USMS, Inc. Sanction No. 2711-187 August 13, 2011

Attach a copy of your 2011 USMS card here.

You can print a copy of your USMS card at:

www.clubassistant.com/club/usms_member_card_request.cfm.

Phone _____ - _____ - _____ E-mail _____

ORDER OF EVENTS Warm-up 9:00 to 9:45. Meet starts at 10:00 am

Event	Entry time	Event	Entry time
1. 50 M Breast	_____	11. 1500 M Free*	_____
2. 400 M IM	_____	12. 200 M Free Relay	_____
3. 100 M Fly	_____	13. 50 M Back	_____
4. 100 M Breast	_____	14. 200 M Breast	_____
5. 200 M Back	_____	15. 100 M Free	_____
6. 200 M Free	_____	16. 200 M IM	_____
7. 200 M Fly	_____	17. 50 M Fly	_____
8. 50 M Free	_____ 10	18. 100 M Back	_____
9. Fun race TBA	minute break	19. 200 Medley Relay	_____
10. 800 M Free*	_____	20. 400 M Free	_____

* You may enter EITHER (but not both) the 800 or the 1500 M Freestyle.

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rules of USMS)

SIGNED _____ DATE _____
 EARLY ENTRY FEE (postmarked by August 6, 2011): \$20 _____ DECK ENTRY: \$25 _____